

Thank you for the opportunity to make a submission to the *Educating the Nurse of the Future* consultation

This submission will specifically address one of the terms of reference, ie: "To make recommendations on educational preparation required for nurses to meet future health, aged care and disability needs of the Australian community including clinical training".

Context

As per the attached chart, Australian data from 2001 to 2012 found that female nurses and midwives are 192% more likely to suicide than females in other occupations, and male nurses and midwives are 196% more likely to suicide than their female colleagues^{1,2}.

There is evidence that clinical supervision improves mental health and wellbeing³.

In April 2019 the Australian College of Nursing (ACN), Australian College of Midwives (ACM) and Australian College of Mental Health Nurses (ACMHN) released a joint statement recommending that all Australian nurses and midwives have access to clinical supervision³.

Suggested Recommendations

Educational preparation of nurses includes Introduction to clinical supervision as per the ACN, ACM + ACMHN joint statement.

Novice nurses are provided quarantined time and access to clinical supervisors so as to undertake their clinical supervision.

References

1. Milner, A.J., Maheen, H., Bismark, M.M., & Spittal, M.J. (2016) Suicide by health professionals: a retrospective mortality study in Australia, 2001–2012. [Medical Journal of Australia](#) 205 (6): 260-265
2. McNamara, P. (2016) Nurses, Midwives, Medical Practitioners, Suicide and Stigma. <https://meta4RN.com/stigma>
3. Australian College of Mental Health Nurses [www.acmhn.org], Australian College of Nursing [www.acn.edu.au], and Australian College of Midwives [www.midwives.org.au] (2019) Joint Position Statement: Clinical Supervision for Nurses + Midwives. Released online April 2019, PDF available via each organisation's website, and here: <https://meta4rn.files.wordpress.com/2019/02/clinicalsupervisionjointpositionstatement.pdf>

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Queensland Health acknowledges the Traditional Owners of the land, and pays respect to Elders past, present and future

Age-standardised rates of suicide by employed adults aged 20-70 years, Australia, 2001-2012

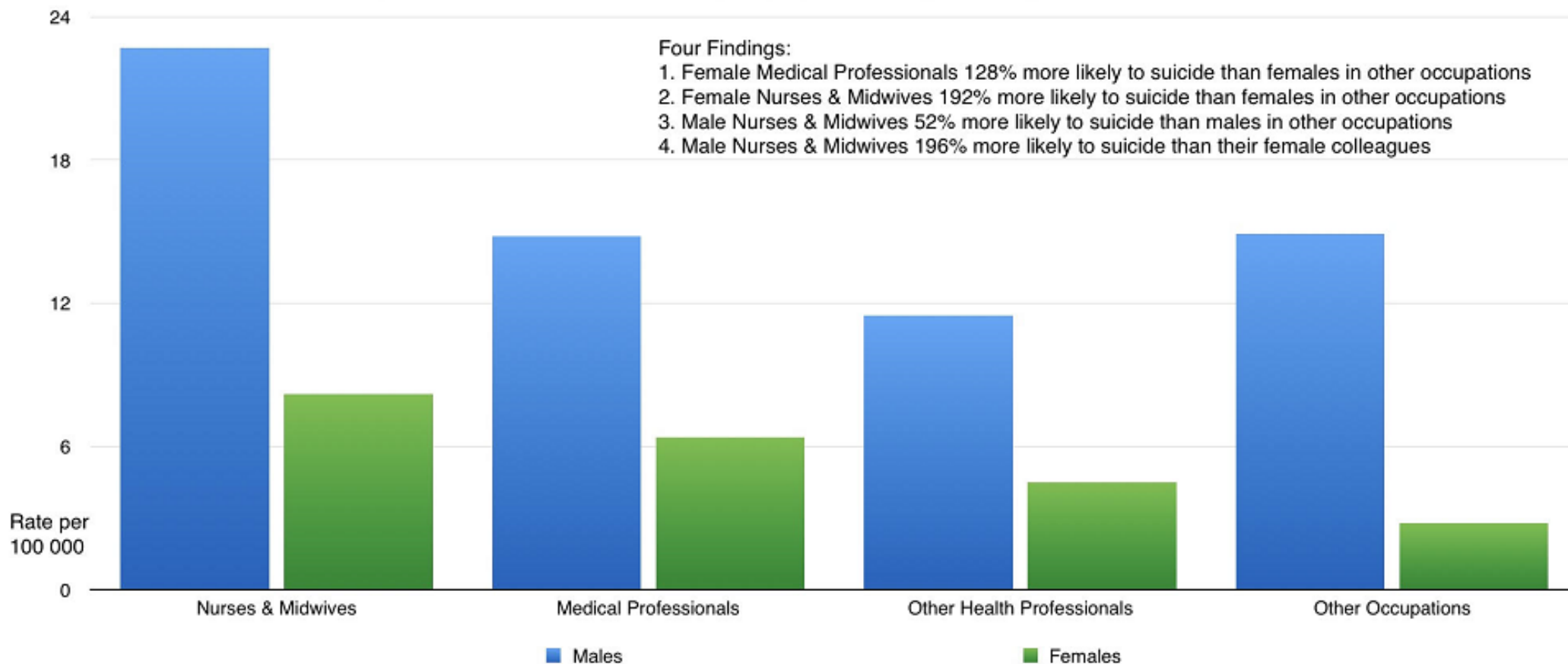


Chart source: meta4RN.com/stigma

Data source: Milner, A.J., Maheen, H., Bismark, M.M., & Spittal, M.J. (2016) Suicide by health professionals: a retrospective mortality study in Australia, 2001–2012. Medical Journal of Australia 205 (6): 260-265