2024 CHSP Wellness and Reablement Report

Overview

Using wellness and reablement (W&R) approaches to deliver support to older people is a key objective of the Commonwealth Home Support Programme (CHSP).

The 2024 Wellness and Reablement report aims to measure progress towards embedding wellness and reablement approaches in the CHSP. The report consists of 18 questions to enable the Department of Health and Aged Care (the Department) to gather and analyse data on the delivery and benefit of W&R services to CHSP clients, and 4 questions for administrative purposes. A Provider Guidance document has been prepared to define wellness and reablement, and provide more information for each question to assist respondents in answering questions correctly.

The following changes have been made with the feedback received from last year's report:

- The following questions were removed as these were (i) combined into new questions, (ii) no longer needed as there was sufficient data from previous reports, or (iii) the data being requested was able to be obtained through other sources:
 - · State/territory of grant agreement manager.
 - The age and overall percentage of reablement clients.
 - Percentage of reablement clients with cognitive impairment.
 - If short term services were provided where recommended on a RAS/ACAT support plan.
 - · Proportion of clients receiving a reassessment after their reablement period.
 - · Clients requiring ongoing services after their reablement period.
 - · Clients able to reduce service intensity.
 - · Clients who developed new skills/abilities.
 - · Clients who regained physical or cognitive abilities.
 - · Clients adapting to functional limitations.
 - Client social connection and participation in society.
 - What is working well in the service delivery of wellness and reablement approaches.
 - How organisations can be better supported implementing W&R strategies.
 - · Feedback for improving the report.
- 7 new questions have been added (8, 10, 11, 13, 16, 17 and 19) and 2 updated (6, 9) for a more targeted assessment of factors involved in service providers' delivery of wellness and reablement approaches, and client outcomes.
- The report has been restructured to enable providers who did not deliver reablement services in 2023-24 to skip any reablement-specific questions.
- · The report also allows you to skip one question if you do not deliver Allied Health and Therapy Services.

Service providers are asked to give their best estimate for responses to questions where data is (i) not yet collected or (ii) if they are facing technical limitations (such as their IT systems) in their data collection or reporting.

Where applicable, data from the report will be used to inform the following items and activities managed by the Department:

- W&R materials and support on the Department website.
- · Policy changes made by the Department.
- Other activities to support CHSP providers.

CHSP Provider Obligations

CHSP Providers are to complete this survey annually as per their agreement with the Department. Providers who are unable to complete the report in the allocated period will need to request an extension via their Funding Arrangement Manager. Not completing the report may result in payments being suspended.

Report instructions (online)

Please refer to the Provider Guidance </++preview++/home-support-and-assessment-

branch/392cface/supporting_documents/2024%20Wellness%20and%20Reablement%20Report%20%20Provider%20Guidance.pdf> for definitions, explanations of questions, and tips on how to complete each question in this report.

This report is gathering data for the reporting period from 1 July 2023 to 30 June 2024, and relates to services provided to any CHSP clients during this timeframe. Service providers are asked to estimate responses to questions where data has not been or is not yet collected.

The PDF and Word version of the 2024 Wellness and Reablement online report template is to enable organisations to gather relevant information prior to completion. All responses must be submitted online via the report link below. Online submissions will enable the department to accurately collate report responses.

If you have any questions regarding the report, please contact your Funding Arrangement Manager in the first instance, or email wellnessandreablement@health.gov.au.

Details of your Organisation

1 Organisation name

(Required)

2 ABN	
(Required)	
3 Program Schedule ID	
(located at the top of page 4 of your CHSP Grant Agreement)	
(Required)	
Dementia and Cognitive Impairment	
4 Provide your best estimate of the proportion (%) of your CHSP clients that have cognitive impairment.	
(Select one option)	
(Required)	
Please select only one item	
None	
1% to 10%	
11% to 25%	
26% to 50%	
O 51% to 75%	
More than 75%	
Unsure	

Client Care Plans

5 Does your organisation develop a care plan for each CHSP client?

(Required)	Never	Rarely	Sometimes	Mostly	Always	Not funded to deliver this service
Allied Health and Therapy Services Please select only one item	0	0	0	0	0	0
Assistance with Care and Housing Please select only one item	0	0	0	0	0	0
Centre-based Respite Please select only one item	0	0	0	0	0	0
Cottage Respite Please select only one item	0	0	0	0	0	0
Domestic Assistance Please select only one item	0	0	0	0	0	0
Flexible Respite Please select only one item	0	0	0	0	0	0
Goods, Equipment and Assistive Technology Please select only one item	0	0	0	0	0	0
Home Maintenance Please select only one item	0	0	0	0	0	0
Home Modifications Please select only one item	0	0	0	0	0	0
Meals Please select only one item	0	0	0	0	0	0
Nursing Please select only one item	0	0	0	0	0	0
Other Food Services Please select only one item	0	0	0	0	0	0
Personal Care Please select only one item	0	0	0	0	0	0
Social Support – Individual Please select only one item	0	0	0	0	0	0
Social Support – Group Please select only one item	0	0	0	0	0	0
Specialised Support Services Please select only one item	0	0	0	0	0	0
Transport Please select only one item	0	0	0	0	0	0

6 Do your CHSP clients' care plans identify the following?

(Select one option per sub-question)

(Required)	Yes	No
The client's circumstances/situation? Please select only one item	0	0
The client's goals? Please select only one item	0	0
Specific actions/strategies to be undertaken, and by who (provider/staff, client, family member etc)? Please select only one item	0	0
Dates and frequency of activities? Please select only one item	0	0
Is the care plan shared with the client? Please select only one item	0	0
Is the care plan regularly reviewed? Please select only one item	\circ	0

Clients Participating in Tasks with the Service Provider (Staff)

7 For each service type your organisation was funded to deliver in 2023-24, approximately how often do your CHSP clients participate in tasks with or alongside the service provider (staff)?

(Select one option for each service type your organisation is funded to deliver, and please indicate if your organisation is not funded to deliver a service type)

(Required)	None	1% to 10%	11% to 25%	26% to 50%	51% to 75%	More than 75%	Not funded to deliver this service
Allied Health and Therapy Services Please select only one item	0	0	0	0	0	0	0
Assistance with Care and Housing Please select only one item	0	0	0	0	0	0	0
Centre-based Respite Please select only one item	0	0	0	0	0	0	0
Cottage Respite Please select only one item	0	0	0	0	0	0	0
Domestic Assistance Please select only one item	0	0	0	0	0	0	0
Flexible Respite Please select only one item	0	0	0	0	0	0	0
Goods, Equipment and Assistive Technology Please select only one item	0	0	0	0	0	0	0
Home Maintenance Please select only one item	0	0	0	0	0	0	0
Home Modifications Please select only one item	0	0	0	0	0	0	0
Meals Please select only one item	0	0	0	0	0	0	0
Nursing Please select only one item	0	0	0	0	0	0	0
Other Food Services Please select only one item	0	0	0	0	0	0	0
Personal Care Please select only one item	0	0	0	0	0	0	0
Social Support – Individual Please select only one item	0	0	0	0	0	0	0
Social Support – Group Please select only one item	0	0	0	0	0	0	0
Specialised Support Services Please select only one item	0	0	0	0	0	0	0
Transport Please select only one item	0	0	0	0	0	0	0

Short-term Reablement CHSP Service Delivery

When answering this question, this refers to reablement offered either through a referral from My Aged Care assessors, or a period of reablement offered (whe needed) to your ongoing CHSP clients.
(Select one option).
(Required) Please select only one item Yes No

Short-term Reablement CHSP Service Delivery Pt 2

8 Did your organisation deliver periods of reablement to your CHSP clients in the 2023-24 reporting period?

9 How often are you accepting referrals from My Aged Care for short-term reablement?

If your organisation has not received a referral for reablement in the 2023-24 reporting period, select 'referral for reablement not received'. If you receive referrals but do not accept them, select 'never.'

(Required)	Never	Rarely	Sometimes	Mostly	Always	Referral for reablement not received	Not funded to deliver this service
Allied Health and Therapy Services Please select only one item	0	0	0	0	0	0	0
Assistance with Care and Housing Please select only one item	0	0	0	0	0	0	0
Centre-based Respite Please select only one item	0	0	0	0	0	0	0
Cottage Respite Please select only one item	0	0	0	0	0	0	0
Domestic Assistance Please select only one item	0	0	0	0	0	0	0
Flexible Respite Please select only one item	0	0	0	0	0	0	0
Goods, Equipment and Assistive Technology Please select only one item	0	0	0	0	0	0	0
Home Maintenance Please select only one item	0	0	0	0	0	0	0
Home Modifications Please select only one item	0	0	0	0	0	0	0
Meals Please select only one item	0	0	0	0	0	0	0
Nursing Please select only one item	0	0	0	0	0	0	0
Other Food Services Please select only one item	0	0	0	0	0	0	0
Personal Care Please select only one item	0	0	0	0	0	0	0
Social Support – Individual Please select only one item	0	0	0	0	0	0	0
Social Support – Group Please select only one item	0	0	0	0	0	0	0
Specialised Support Services Please select only one item	0	0	0	0	0	0	0
Transport Please select only one item	0	0	0	0	0	0	0

10	If you never or rarely accept referrals for short-term reablement from My Aged Care for any service types you deliver, what are the reasons for this?
(Sel	lect one or more options)
	equired) se select all that apply
	Not having the capacity to take on additional clients
	Insufficient funding to deliver reablement services
	Not having enough staff
	Not having staff with the skillsets required
	Time taken to travel between clients
	Not applicable (you sometimes, mostly or always accept referrals, or referrals for reablement were not received for the service types you deliver)
	Other. Please outline below.
nort-	-term Reablement CHSP Service Delivery Pt 4
11	If your organisation did not provide reablement services, what are the reasons for this (1000 characters or less)?
In y	our response outline the reason/s why e.g. you are not receiving reablement referrals through My Aged Care, or other.
(Red	quired)

Proportion of Services Delivered on a Short-term Basis

- **12** For each service type your organisation was funded to deliver in 2023-2024, approximately what proportion of services were delivered on a short-term basis with a reablement focus?
 - Short-term is considered to be for a period of up to 3 months.
 - A reablement focus refers to all clients for whom reablement services were delivered.

(Required)	None	1% to 10%	11% to 25%	26% to 50%	51% to 75%	More than 75%	Not funded to deliver this service
Allied Health and Therapy Services Please select only one item	0	0	0	0	0	0	0
Assistance with Care and Housing Please select only one item	0	0	0	0	0	0	0
Centre-based Respite Please select only one item	0	0	0	0	0	0	0
Cottage Respite Please select only one item	0	0	0	0	0	0	0
Domestic Assistance Please select only one item	0	0	0	0	0	0	0
Flexible Respite Please select only one item	0	0	0	0	0	0	0
Goods, Equipment and Assistive Technology Please select only one item	0	0	0	0	0	0	0
Home Maintenance Please select only one item	0	0	0	0	0	0	0
Home Modifications Please select only one item	0	0	0	0	0	0	0
Meals Please select only one item	0	0	0	0	0	0	0
Nursing Please select only one item	0	0	0	0	0	0	0
Other Food Services Please select only one item	0	0	0	0	0	0	0
Personal Care Please select only one item	0	0	0	0	0	0	0
Social Support – Individual Please select only one item	0	0	0	0	0	0	0
Social Support – Group Please select only one item	0	0	0	0	0	0	0
Specialised Support Services Please select only one item	0	0	0	0	0	0	0
Transport Please select only one item	0	0	0	0	0	0	0

13 How often are reablement services delivered to CHSP clients without a specific recommendation from a My Aged Care assessor?

(Required)	Never	Rarely	Sometimes	Mostly	Always	Not funded to deliver this service	
Allied Health and Therapy Services Please select only one item	0	0	0	0 0		0	
Assistance with Care and Housing Please select only one item	0	0	0	0	0	0	
Centre-based Respite Please select only one item	0	0	0	0	0	0	
Cottage Respite Please select only one item	0	0	0	0	0	0	
Domestic Assistance Please select only one item	0	0	0	0	0	0	
Flexible Respite Please select only one item	0	0	0	0	0	0	
Goods, Equipment and Assistive Technology Please select only one item	0	0	0	0	0	0	
Home Maintenance Please select only one item	0	0	0 0	0	0		
Home Modifications Please select only one item	0	0	0	0	0	0	
Meals Please select only one item	0	0	0	0	0	0	
Nursing Please select only one item	0	0	0	0	0	0	
Other Food Services Please select only one item	0	0	0	0	0	0	
Personal Care Please select only one item	0	0	0	0	0	0	
Social Support – Individual Please select only one item	0	0	0	0	0	0	
Social Support – Group Please select only one item	0	0	0	0	0	0	
Specialised Support Services Please select only one item	0	0	0	0	0	0	
Transport Please select only one item	0	0	0	0	0	0	

	(Select one option)							
	(Required) Please select only one item Yes No							
Pro	oportion of Services Delivered on a S	hort-term	Basis Pt 2					
	15 If so, approximately what proport service sub-type were delivered reablement focus?	ion of ser on a short	vices, for eac -term basis v	ch Allied Heavith a	alth			
	Short-term is considered to be for a period of	up to 3 month	is.					
	(Select one option for each service sub-type.	Please select	'Not Provided' if y	our organisatior	did not provide	that service sub-t	type in 2023-24)
	(Required)	None	1% to 10%	11% to 25%	26% to 50%	51% to 75%	More than 75%	Not Provided
	Aboriginal and Torres Strait Islander Health Worker Please select only one item	0	0	0	0	0	0	0
	Accredited Practising Dietitian or Nutritionist Please select only one item	0	0	0	0	0	0	0
	Diversional Therapy Please select only one item	0	0	0	0	0	0	0
	Exercise Physiology Please select only one item	0	0	0	0	0	0	0
	Hydrotherapy Please select only one item	0	0	0	0	0	0	0
	Occupational Therapy Please select only one item	0	0	0	0	0	0	0
	Other Allied Health and Therapy Services Please select only one item	0	0	0	0	0	0	0
	Physiotherapy Please select only one item	0	0	0	0	0	0	0
	Podiatry Please select only one item	0	0	0	0	0	0	0
	Psychology Please select only one item	0	0	0	0	0	0	0
	Restorative Care Services Please select only one item	0	0	0	0	0	0	0
	Social Work Please select only one item	0	0	0	0	0	0	0
	Speech Pathology Please select only one item	0	0	0	0	0	0	0

14 Was your organisation funded to deliver Allied Health and Therapy Services in 2023-24?

16 For each service type your organisation was funded to deliver in 2023-24, how often are your CHSP reablement clients meeting their reablement goals (either full or part)?

(Required)	Never	Rarely	Sometimes	Mostly	Always	Not funded to deliver this service
Allied Health and Therapy Services Please select only one item	0	0	0	0 0		0
Assistance with Care and Housing Please select only one item	0	0	0	0	0	0
Centre-based Respite Please select only one item	0	0	0	0	0	0
Cottage Respite Please select only one item	0	0	0	0	0	0
Domestic Assistance Please select only one item	0	0	0	0	0	0
Flexible Respite Please select only one item	0	0	0	0	0	0
Goods, Equipment and Assistive Technology Please select only one item	0	0	0	0	0	0
Home Maintenance Please select only one item	0	0	0	0	0	0
Home Modifications Please select only one item	0	0	0	0	0	0
Meals Please select only one item	0	0	0	0	0	0
Nursing Please select only one item	0	0	0	0	0	0
Other Food Services Please select only one item	0	0	0	0	0	0
Personal Care Please select only one item	0	0	0	0	0	0
Social Support – Individual Please select only one item	0	0	0	0	0	0
Social Support – Group Please select only one item	0	0	0	0	0	0
Specialised Support Services Please select only one item	0	0	0	0	0	0
Transport Please select only one item	0	0	0	0	0	0

17 Which of the following aspects of your CHSP clients situation improved as a result of their reablement period?

(Select one or more options for each category, and please indicate if your organisation is not funded to deliver a service type)

(Required)	Gaining new skills	Improved physical function e.g. strength and mobility	Greater social engagement/ social connections	Improved emotional wellbeing	Improved cognitive abilities	Improved confidence	Adaptation to functional decline/limitations	Adaptation to cognitive decline	Unsure	Not funded to deliver this service
Allied Health and Therapy Services										
Assistance with Care and Housing										
Centre-based Respite										
Cottage Respite										
Domestic Assistance										
Flexible Respite										
Goods, Equipment and Assistive Technology										
Home Maintenance										
Home Modifications										
Meals										
Nursing										
Other Food Services										
Personal Care										
Social Support – Individual										
Social Support – Group										
Specialised Support Services										
Transport										

Response to CHSP Reablement Services

(Se	needs, how does your organisation respond?
(00	lect one or more options)
	equired) se select all that apply
	Suggest client contacts My Aged Care
\vdash	Arrange for new RAS/ACAT assessment
\vdash	Suggest client sees GP or other health professional to arrange referrals
\vdash	Provide client with other contacts (e.g. community nursing) to arrange additional help
	Arrange for private providers (e.g. physiotherapy) to see client
\vdash	
	Deliver an ongoing service
\vdash	Provide additional services through your organisation without a cost to the client
\vdash	Provide additional services through your organisation at a cost to the client
	N/A – All our reablement clients' needs are being met
	Don't know/unsure
	Other (explain)
Plea	ase specify other responses not listed (1000 characters or less).
halle	
	enges with Delivering a Wellness and Reablement Approach
19	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this?
	If your CHSP clients' wellness or reablement goals weren't met, what
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this?
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? lect one or more options)
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? lect one or more options) equired)
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? dect one or more options) sequired) se select all that apply
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? dect one or more options) sequired) se select all that apply Client/carer resistance Client goals required a longer reablement period
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? lect one or more options) equired) se select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? dect one or more options) sequired) se select all that apply Client/carer resistance Client goals required a longer reablement period
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? lect one or more options) equired) se select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? lect one or more options) aquired) se select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances etc
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? lect one or more options) sequired) se select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances etc Capacity of your organisation to deliver against goals for entire client base (don't have enough time with each client) Capacity of your organisation to deliver against goals for entire client base (organisation not set up to deliver time-limited reablement)
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? dect one or more options) aquired) se select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances etc Capacity of your organisation to deliver against goals for entire client base (don't have enough time with each client) Capacity of your organisation to deliver against goals for entire client base (organisation not set up to deliver time-limited reablement) Staffing levels
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? dect one or more options) dequired) see select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances etc Capacity of your organisation to deliver against goals for entire client base (don't have enough time with each client) Capacity of your organisation to deliver against goals for entire client base (organisation not set up to deliver time-limited reablement) Staffing levels COVID
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? dect one or more options) aquired) se select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances etc Capacity of your organisation to deliver against goals for entire client base (don't have enough time with each client) Capacity of your organisation to deliver against goals for entire client base (organisation not set up to deliver time-limited reablement) Staffing levels
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? dect one or more options) dequired) see select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances etc Capacity of your organisation to deliver against goals for entire client base (don't have enough time with each client) Capacity of your organisation to deliver against goals for entire client base (organisation not set up to deliver time-limited reablement) Staffing levels COVID
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? lect one or more options) sequired) se select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances etc Capacity of your organisation to deliver against goals for entire client base (don't have enough time with each client) Capacity of your organisation to deliver against goals for entire client base (organisation not set up to deliver time-limited reablement) Staffing levels COVID Funding/Cost
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? lect one or more options) lect one or more options lect one or more options) lect one or more options lect one of the options lect one or more options lect one of the options lect one or more options lect one or more option
(Se	If your CHSP clients' wellness or reablement goals weren't met, what was the reason for this? dect one or more options) sequired) se select all that apply Client/carer resistance Client goals required a longer reablement period Other client barriers e.g. cultural preference Client condition e.g. cognitive impairment, changed emotional state, frailty, declined physical condition, living circumstances etc Capacity of your organisation to deliver against goals for entire client base (don't have enough time with each client) Capacity of your organisation to deliver against goals for entire client base (organisation not set up to deliver time-limited reablement) Staffing levels COVID Funding/Cost Location Referral process

20 Are there any services where you have not been able to embed, or have had challenges delivering, a wellness or a reablement approach to CHSP clients? What are the barriers?

(Required)	Current service delivery model	Costs associated with short- term services (reablement only)	Size of organisation	Client/ Carers preference	Workforce issues	Lack of available funding	Funding not allocated where it's needed	Other (explain)	No challenges or barriers	Not funded to delive this service
Allied Health and Therapy Services										
Assistance with Care and Housing										
Centre-based Respite										
Cottage Respite										
Domestic Assistance										
Flexible Respite										
Goods, Equipment and Assistive Technology										
Home Maintenance										
Home Modifications										
Meals										
Nursing										
Other Food Services										
Personal Care										
Social Support – Individual										
Social Support – Group										
Specialised Support Services										
Transport										
Please specify other reasons for challer	nges / other	barriers (1000	characters or	less).						

21 Please provide any additional comments related to this report below (optional).
This includes but is not limited to any further information or comments relating to your responses to questions in this report, or any other information you would like to provide for the 2024 report (1000 characters or less).
22 I declare that the information provided in this report is complete/true to the best of my knowledge.
I declare that the information provided in this report is complete/true to the best of my knowledge. (Required)
Full name (Required)
Position/role (e.g. CEO, General Manager, Business Manager, etc.) (Required)
Contact number (Required)
Email address (Required)