# NDIS Evidence Advisory Committee Consultation

Family or carers of people who use Assistance Animals

Part 1







The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.



We wrote this in an easy to read way.

We use pictures to explain some ideas.

# **Bold**Not bold

We have some words in **bold**.

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of an online survey.

Surveys have questions about your ideas.



We can answer any questions by email.

Email us <a href="mailto:disabilityevidence@health.gov.au">disabilityevidence@health.gov.au</a>



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



They were the **first people** to live on and use the

- Land
- Waters.

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# Who is this survey for



We made a **survey**.



This survey is **only** for family or carers of people who use an assistance animal and are

Autistic



• Have an intellectual disability.

An intellectual disability can make it difficult to

- Learn new things
- Solve problems
- Communicate
- Do things on your own.



We have other surveys for people who

• Use assistance animals



 Had an assistance animal but do not use it any more



• Use something else



You can look at the other surveys on our website.

<u>consultations.health.gov.au/evidence-</u> <u>advisory-committee-eac/september2025</u>

It is in Easy Read.



We have 2 parts to this survey.



You need to do part 1 first.

This is part 1.



You need to send both parts back to us by email.

You need to send it back before

11.59 at night

Sunday 9 November 2025.

### What to do



You need to download both parts of the survey.

You can

• Write your answers



• Type your answers.



You need to send your answers back to us by email.

disabilityevidence@health.gov.au



### Each part will have some

- Information
- Questions.



There are no right or wrong answers.

Do your best.



You can choose what questions to answer.

You do **not** have to answer them all.

# **About your family members disability**



What is your family members disability

You can pick as many they have



Acquired Brain Injury

This is anything that damages your brain after you were born like

- Stroke
- Injury to your head
- Diseases.



Amputations

This is when you have an operation to remove part of your body like your leg.

They only do this if they have to.



Arthritis

This is pain or swelling in your joints like in your hands.

It can happen in

- 1 part of your body
- Many parts of your body.



• Autism



Cerebral palsy

This is a physical disability that can change how you

- Move
- Stand
- Sit.



• Deaf or hard of hearing



Dementia

This is when you have trouble

- Thinking
- Remembering
- Doing things for yourself.



• Developmental Delay

This is when someone learns slower than other people their age.

They might need extra help with

- Talking
- Moving
- Their emotions.



• Down Syndrome



• Epilepsy

This is when someone has seizures.



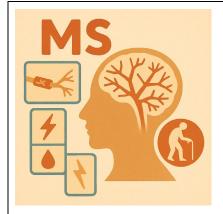
• Intellectual disability



Language disorders

This is when someone has a hard time understanding or using language that is

- Spoken
- Written down
- Signed.



• Multiple sclerosis

This affects your

- Brain
- Spine
- Nerves

It is called **MS** for short.



Psychosocial disability

This is a disability because of your mental health.



• Spinal cord injury

This is when you have damaged your spine.

This can change what you can do for yourself.



• Stroke

This is when the blood in your brain

- Is stopped for a time
- Can **not** get to where it needs to.

This can cause damage to your brain.



• Blind or have low vision



• Anything else

Please write in the box

# **Question 1 support**



We want you to think about **assistance** animals for

- Autistic people
- People with intellectual disability.



Assistance animals can be

Dogs



• Other animals.



An assistance animal is **trained** to do things that might help a person with disability.

Trained means they have learned something.



The assistance animal usually lives with the person with disability they support.



Things they aim to help with are

• Keeping the person safe

Like helping people **not** run away

Aims are things you want to do.



• Making it calm for the person



• Helping with sensory needs like touch



 Stopping behaviours that happen lots of times in a row

This can be called **repetitive behaviours**.



Assistance animals are different to pets.



Assistance animals need to

• Have the right accreditation

Accreditation means someone has come to check that the rules have been followed.



• Be trained to do certain things



Be safe and healthy in the community



#### **Question 1**

Do you think we have said everything about how assistance animals are used for people who

- Are Autistic
- Have intellectual disability.



Please tick only 1 box.

Yes



No

I want to change something.

Please write what you want to change in the box.

You can

- Add something
- Take something away.

# **Question 2 disability group**



We want to think about all the different groups of people who might use assistance animals.



So far we think they are

Autistic people



• People with intellectual disability



Autistic people with intellectual disability.



We think they could be

Children



• Adults.



#### Question 2

 Do you think we have said all the groups of people who might use assistance animals



Please tick only 1 box.

Yes



No

I want to change something.

Please write what you want to change in the box.

#### You can

- Add something
- Take something away.

## **Question 3 outcomes**



Supports are used to get good outcomes.



#### Outcomes can

• Make peoples lives better



• Keep people safer.



We think that assistance animals for

- Autistic people
- People with intellectual disability

Aim to help with



• Having a healthy body

This can be called physical health



• Having a healthy mind

This can be called mental health



• Managing emotions



Things they need to do every day

This is called daily living skills



• When they are feeling overwhelmed

This can be called sensory overload



• Communicating with other people



Making friendships or relationships



 Their family or carer having good outcomes



#### • Quality of life

Quality of life means being

- Happy
- Healthy.



#### **Question 3**

Do you think we have said the most important outcomes for this support.



Please tick only 1 box.

Yes

You can write extra things if you want.

You can put the outcomes you think are the most important.



No

I want to change the list.

Please write what you want to change in the box.

#### You can

- Add something
- Take something away.

# **Question 4 compare with other supports**



We need to **compare** how well assistance animals work for

- Autistic people
- People with intellectual disability.



Compare means to look at 2 or more things.

You might look at what

- Is different
- Is the same
- · Works best.

This will help us say if 1 support is best.



Other supports we could compare assistance animals with are

Other animals

They could be

- Pets
- Emotional support animals

They can also be called **companion** animals.



Supporting people with changing their behaviour

This can be called **behaviour interventions**.



We think these supports will aim to help people with the same **outcomes**.

Outcomes are the things we see when our plans are working.



Has your family member tried different supports.



What supports would they use if they could **not** use an assistance animal.



#### **Question 4**

Are these the best supports to compare to assistance animals for

- Autistic people
- People with intellectual disability.



Please tick only 1 box.

Yes



No

I want to change something.

Please write what you want to change in the box.

You can

- Add something
- Take something away.



Thank you for doing **part 1**.

Please do part 2 next.



You can take a break if you need it.