



Australian Government

Department of Health, Disability and Ageing

NDIS Evidence Advisory Committee Consultation

Family or carers of people who use
Active Passive trainers

Part 2





Australian Government

**Department of Health,
Disability and Ageing**

The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.



We wrote this in an easy to read way.

We use pictures to explain some ideas.

Bold

Not bold

We have some words in **bold**.

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of an online **survey**.

Surveys have questions about your ideas.



We can answer any questions by email.

Email us disabilityevidence@health.gov.au



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



They were the **first people** to live on and use the

- Land
- Waters.

Contents

Who is this survey for	5
What to do	8
Question 1	10
Question 2	12
Question 3	16
Question 4	18
Question 5	21
Question 6	24

Who is this survey for



We made a **survey**.



This survey is **only** for family or carers of people who use **Active Passive** trainers.



Active Passive trainers are machines that help make your body strong.

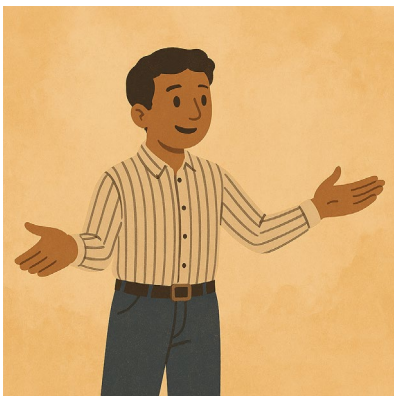


We have other surveys for people who

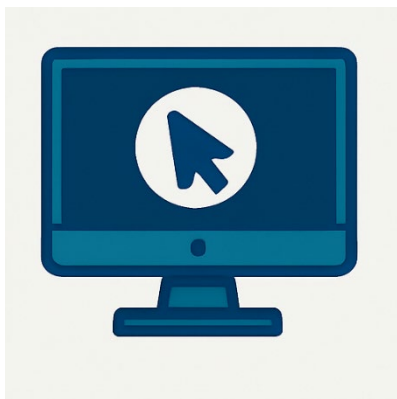
- Use Active Passive trainers



- Used Active Passive trainers but do **not** use them anymore



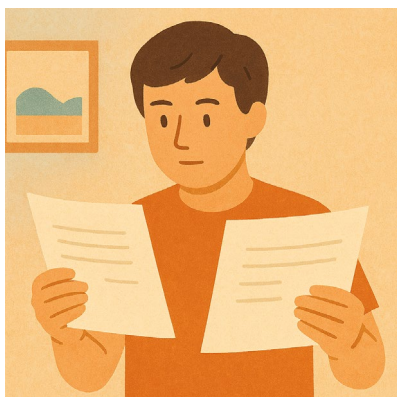
- Use something else



You can look at the other surveys on our website.

consultations.health.gov.au/evidence-advisory-committee-eac/september2025

It is in Easy Read.



We have **2 parts** to this survey.



You need to do **part 1** first.

This is **part 2**.



You need to send both parts back to us by email.

You need to send it back before

11.59 at night

Sunday 9 November 2025.

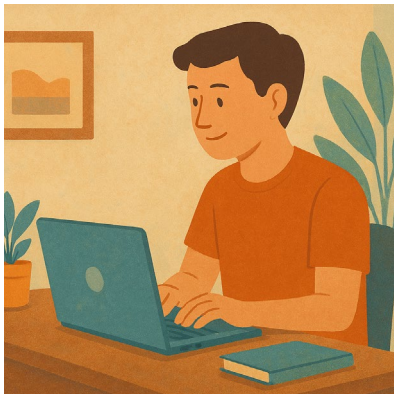
What to do



You need to download both parts of the survey.

You can

- Write your answers



- Type your answers.



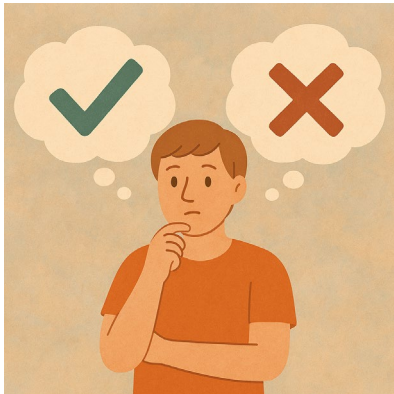
You need to send your answers back to us by email.

disabilityevidence@health.gov.au



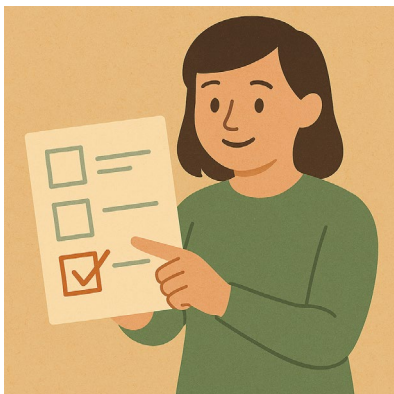
Each part will have some

- Information
- Questions.



There are no right or wrong answers.

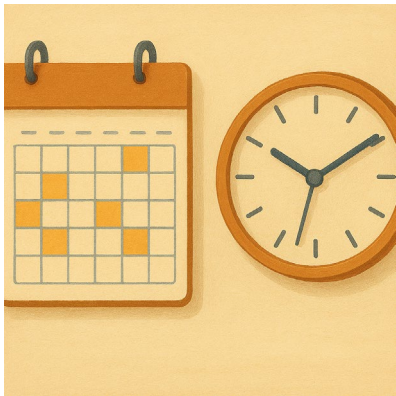
Do your best.



You can choose what questions to answer.

You do **not** have to answer them all.

Question 1



Question 1

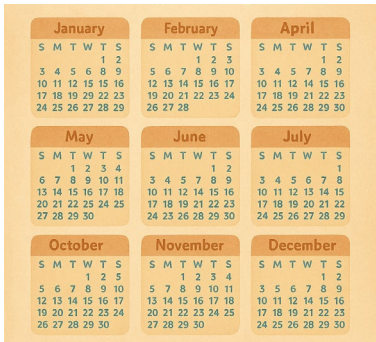
How long has the person you support been using an Active Passive trainer.

If they do **not** use it anymore how long did they use it.

Please tick 1 box.



- Less than 3 months

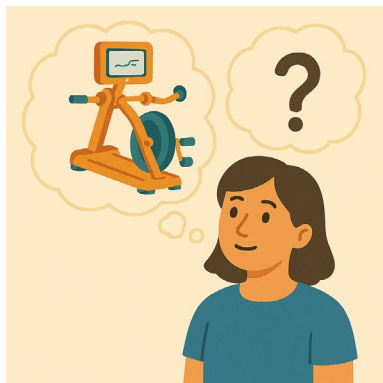


- 3 months to a year



- More than 1 year.

Question 2



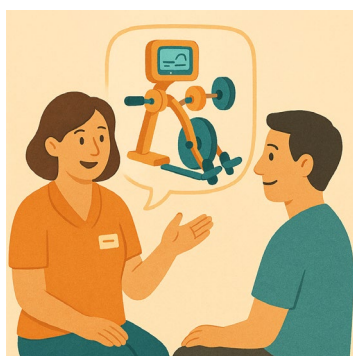
Do you think the person you support will keep using an Active Passive trainer.

Why.

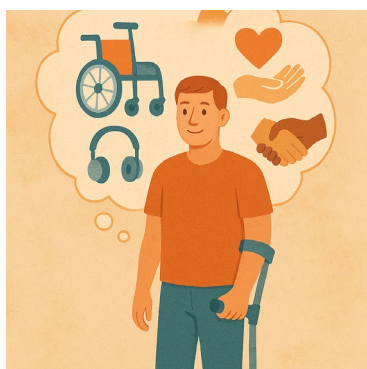


You could tell us about

- How well it works for them



- If someone said it would be a good idea for them to use 1



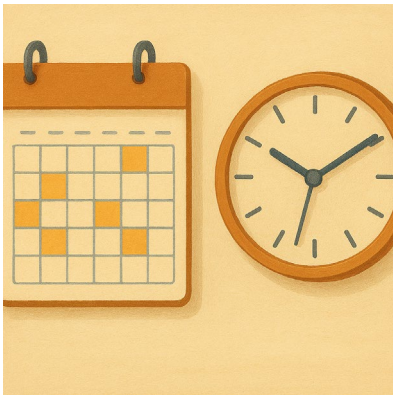
- Other supports they have tried



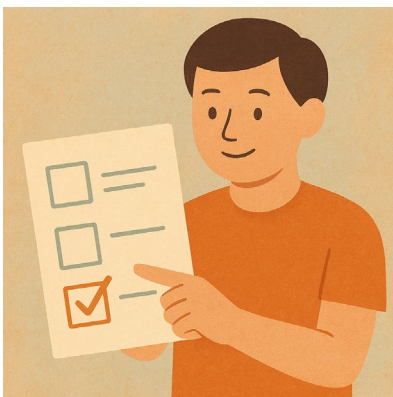
- How much it costs



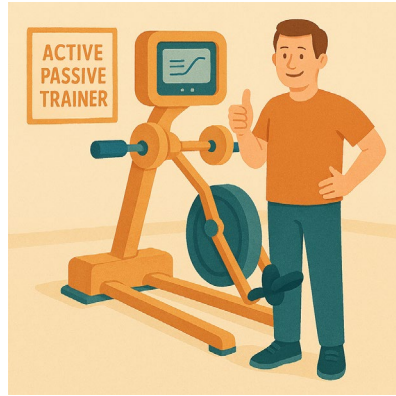
- If they can get the support



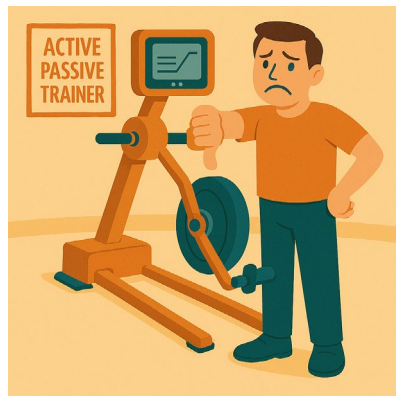
- How long the support is expected to last



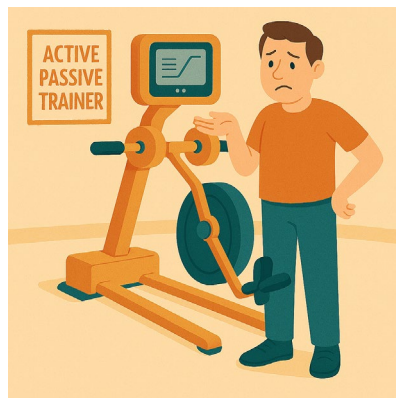
Please tick 1 box.



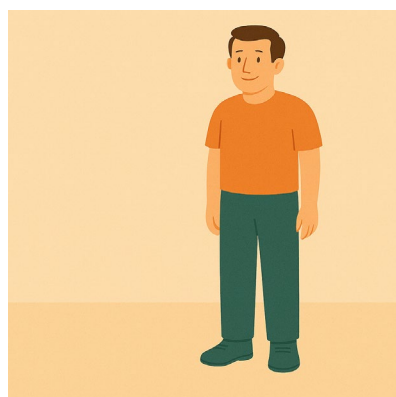
- I think they will keep using an Active Passive trainer



- I do **not** think they will keep using an Active Passive trainer



- I am not sure if they will keep using an Active Passive trainer

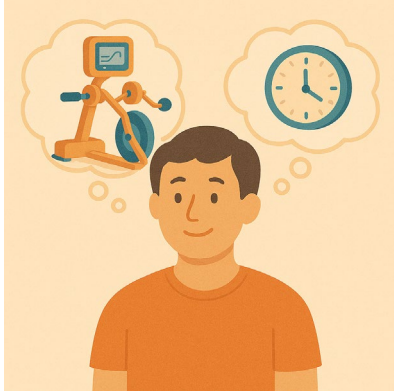


- They stopped using an Active Passive trainer.



Please write why in the box.

Question 3



How often do they use their Active Passive trainer.



You could tell us about

- How often they use it



- How many hours they use it every **fortnight**

Fortnight means 2 weeks.



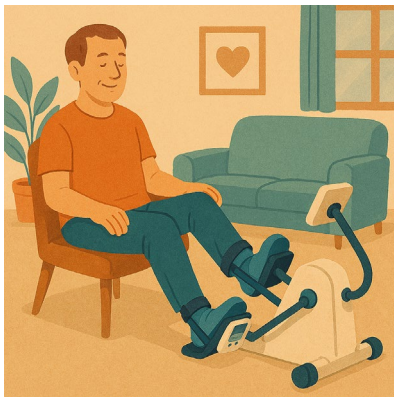
Please write your answer in the box

Question 4

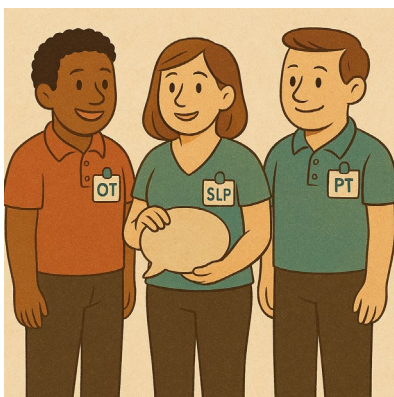


Who helps them use an Active Passive trainer.

Please tick all the boxes that fit



- They do it by themselves



- A therapist or **allied health** worker

Allied health support people with their health.

They can be people like **occupational therapists**.

We call them **OT** for short.



- Someone they pay to support them like a
- Carer
- Support worker



- Friend
- Family



- I do **not** know



- Someone else.

Please write who in the box

Question 5



Have they had any

- Problems
- Safety issues

Using their Active Passive trainer.



They could be things that lasted for

- A short time



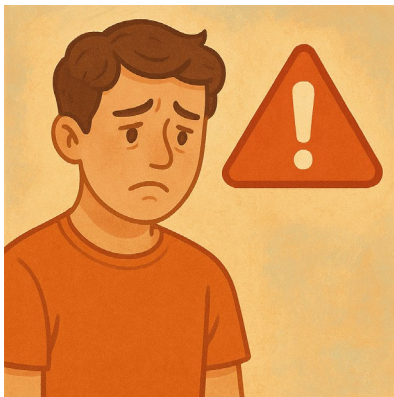
- A long time



Please tick 1 box.

No

They have **not** had any problems or safety issues.



Yes

They have had problems or safety issues

Please write what they are in the box.



If this question has made you feel

- Upset
- Worried

We have a list of people you can talk to.



consultations.health.gov.au/evidence-advisory-committee-eac/september2025/supporting_documents/help-and-support-easy-readpdf

It is in Easy Read.

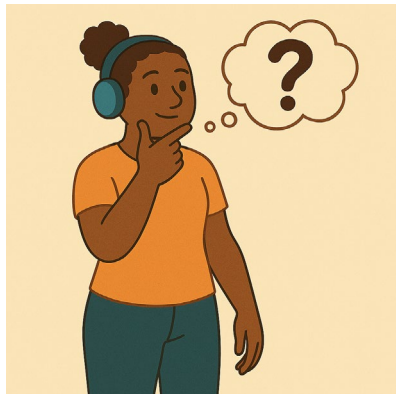


If your family member has

- Pain
- Problems that do **not** go away

They need to get medical advice.

Question 6

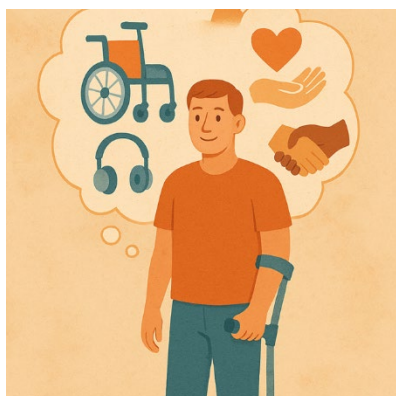


Is there anything else we need to know about Active Passive trainers.



This could be things like

- Being able to get an Active Passive trainer



- Other supports they could use



- How much it costs to use this support

They might

- Buy it
- Borrow it for a time



- Other supports that they use

Like allied health workers.



- Where they use it

Like at the

- Gym
- Clinic
- Home.



- How it fits into their exercise plan



- Their age



- Their **gender**

People say what gender they are.

They might be

- A man
- A woman
- A different gender
- No gender.



- Their **ethnicity**

Ethnicity is a group of people who shares

- Culture
- Language
- History.



- Who they live with



- Where they live

Like

- In the city
- A remote area.

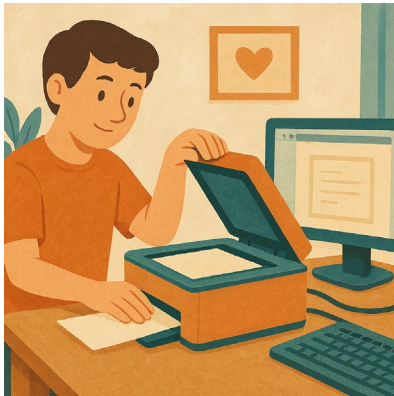


You can share anything you think will help us understand how they use their Active Passive trainers.

Please write your answer in the box.



Thank you for doing our survey.



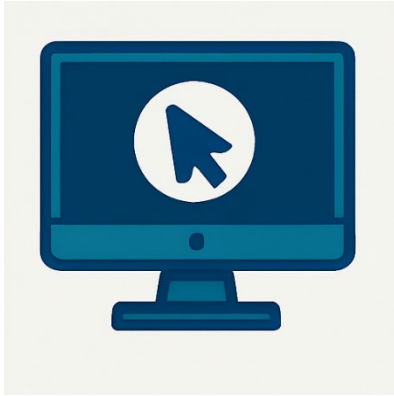
If you printed out the survey you need to

1. Scan it into your computer



2. Send it to us by email.

disabilityevidence@health.gov.au



If you wrote your answers on the computer
you need to

1. Send it to us by email.



You need to send your answers back to us
before

11.59 at night

Sunday 9 November 2025.