



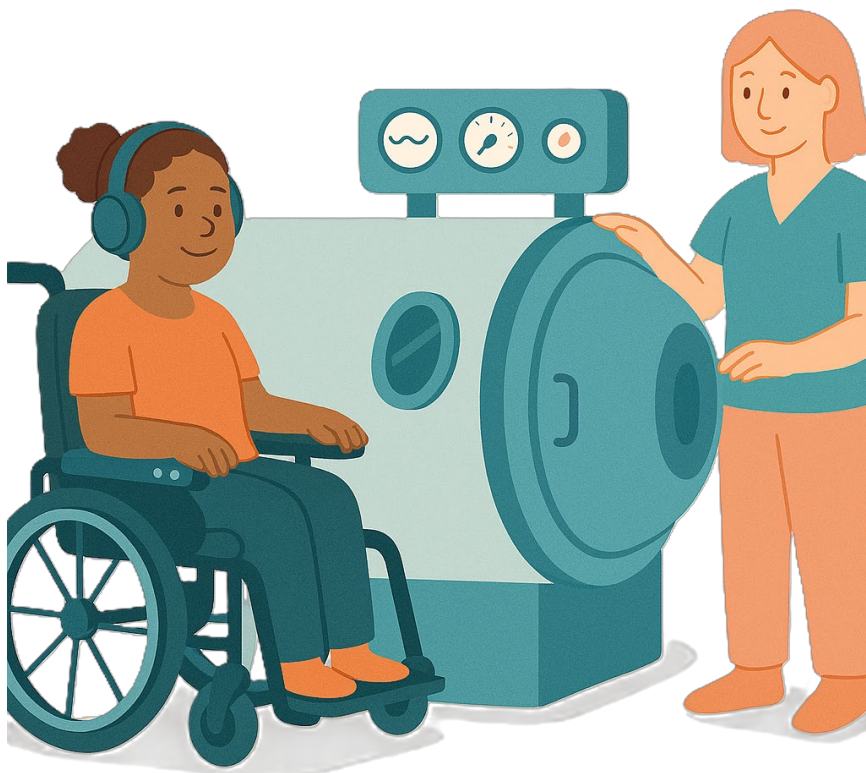
Australian Government

Department of Health, Disability and Ageing

NDIS Evidence Advisory Committee Consultation

Hyperbaric oxygen therapy

Part 1





Australian Government

**Department of Health,
Disability and Ageing**

The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.



We wrote this in an easy to read way.

We use pictures to explain some ideas.

Bold

We have some words in **bold**.

Not bold

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of an online **survey**.

Surveys have questions about your ideas.



We can answer any questions by email.

Email us disabilityevidence@health.gov.au



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



They were the **first people** to live on and use the

- Land
- Waters.

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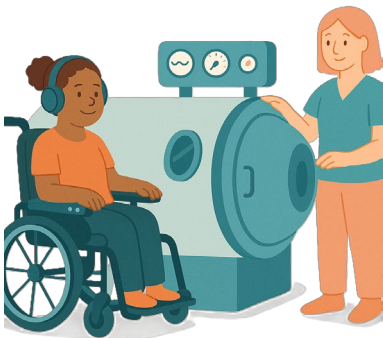
Who is this survey for



We made a **survey**.



This survey is **only** for people with disability who



- Use **hyperbaric oxygen therapy**.

Hyperbaric oxygen therapy is when someone breathes in oxygen in a special room.

The special room is called a **chamber**.



- Used hyperbaric oxygen therapy but do **not** use it any more



- Use something else.



You can look at the other surveys on our website.

consultations.health.gov.au/evidence-advisory-committee-eac/december-2025/

It is in Easy Read.



We have **2 parts** to this survey.



You need to do **part 1** first.

This is **part 1**.



You need to send both parts back to us by email.

You need to send it back before

11.59 at night

Tuesday 20 January 2025.

What to do



You need to download both parts of the survey.

You can

- Write your answers



- Type your answers.



You need to send your answers back to us by email.

disabilityevidence@health.gov.au



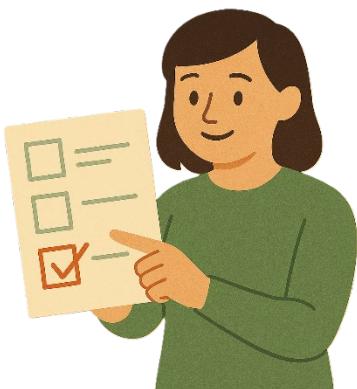
Each part will have some

- Information
- Questions.



There are **no** right or wrong answers.

Do your best.



You can choose what questions to answer.

You do **not** have to answer them all.

About your disability



What is your disability

You can pick as many you have



- Acquired Brain Injury

This is anything that damages your brain after you were born like

- Stroke
- Injury to your head
- Diseases.



- Amputations

This is when you have an operation to remove part of your body like your leg.

They only do this if they have to.



- Arthritis

This is pain or swelling in your joints like in your hands.

It can happen in

- 1 part of your body
- Many parts of your body.



- Autism



- Cerebral palsy

This is a physical disability that can change how you

- Move
- Stand
- Sit.



- Deaf or hard of hearing



- Dementia

This is when you have trouble

- Thinking
- Remembering
- Doing things for yourself.

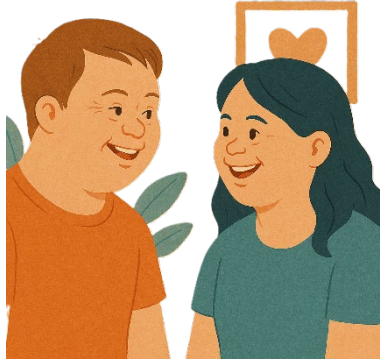


- Developmental Delay

This is when someone learns slower than other people their age.

They might need extra help with

- Talking
- Moving
- Their emotions.



- Down Syndrome



- Epilepsy

This is when someone has seizures.



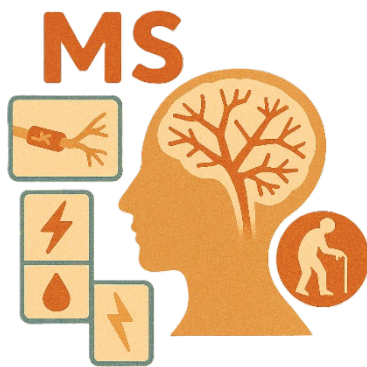
- Intellectual disability



- Language disorders

This is when someone has a hard time understanding or using language that is

- Spoken
- Written down
- Signed.



- Multiple sclerosis

This affects your

- Brain
- Spine
- Nerves

It is called **MS** for short.



- Psychosocial disability

This is a disability because of your mental health.



- Spinal cord injury

This is when you have damaged your spine.

This can change what you can do for yourself.



- Stroke

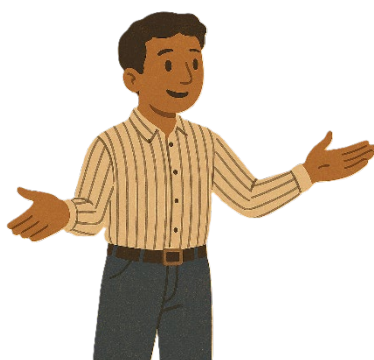
This is when the blood in your brain

- Is stopped for a time
- Can **not** get to where it needs to.

This can cause damage to your brain.



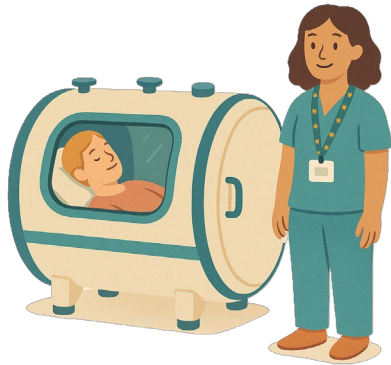
- Blind or have low vision



- Anything else

Please write in the box

Question 1 support



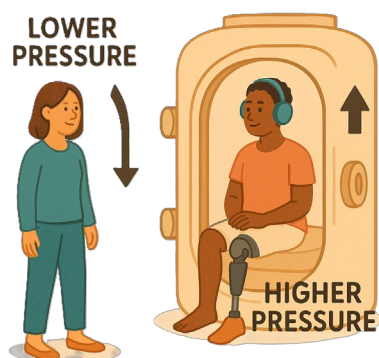
We want you to think about hyperbaric oxygen therapy.



Hyperbaric oxygen therapy is a treatment.

The person breathes oxygen while they are in a chamber.

The chamber has more oxygen than breathing in normal air.



The chamber is at a higher level pressure to outside it.



Some people do **mild hyperbaric oxygen therapy**.



Mild hyperbaric oxygen therapy is when someone can breathe

- Air
- Air with oxygen added in

The chamber might **not** be closed all the way.



The chamber is at a higher pressure level to outside.

But **not** as much as hyperbaric oxygen therapy.



We want you to think about

- Hyperbaric oxygen therapy that is used for people with disability.



We are **not** looking at hyperbaric oxygen therapy for

- Helping wounds **heal**

This means making them better.



- **Decompression sickness**

This can happen when someone is diving in deep water.

If they come up to the surface too quickly they can get sick.



- After having **radiotherapy**

Radiotherapy is treatment for cancer.

It uses strong energy to

- Get rid of the cancer
- Make the cancer smaller.

You can **not** see it or feel it.



Question 1

Do you think we have said everything about

- What hyperbaric oxygen therapy is
- How hyperbaric oxygen therapy is used
for people with disability.



Please tick only 1 box.

Yes



No

I want to change something.

Please write what you want to change in the box.

You can

- Add something
- Take something away.

Question 2 disability group



We want to think about all the different groups of people who might use hyperbaric oxygen therapy for a disability.



So far we think they are people with

- Autism



- Cerebral palsy



- Acquired brain injury



Question 2

- Do you think we have said all the groups of people with a disability who might use hyperbaric oxygen therapy.



Please tick only 1 box.

Yes



No

I want to change something.

Please write what you want to change in the box.

You can

- Add something
- Take something away.

Question 3 outcomes



Supports are used to get good outcomes.

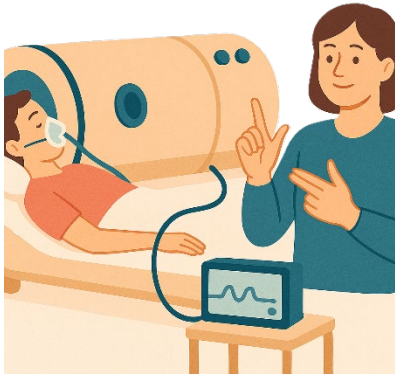


Outcomes can

- Make peoples lives better



- Keep people safer.



Aims are things you want to do.

We think that

- Hyperbaric oxygen therapy
- Mild hyperbaric oxygen therapy

Aim to help with



- **Quality of life**

Quality of life means being

- Happy
- Healthy.



- Managing emotions



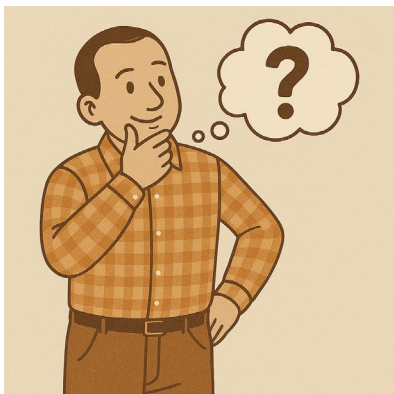
- Your brain working better to
 - Think
 - Learn
 - Remember
 - Pay attention.



- Feeling less tired



- Feeling less anxiety



Question 3

Do you think we have said the most important outcomes for this support.



Please tick only 1 box.

Yes

You can write extra things if you want.

You can put the outcomes you think are the most important.



No

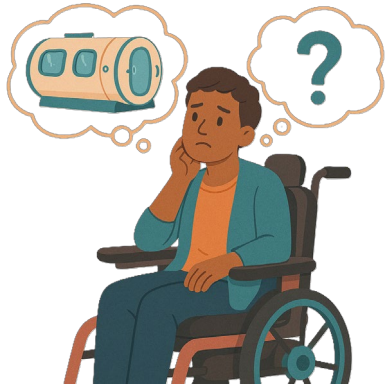
I want to change the list.

Please write what you want to change in the box.

You can

- Add something
- Take something away.

Question 4 compare with other supports



We need to **compare** how well

- Hyperbaric oxygen therapy
- Mild hyperbaric oxygen therapy

Works to other supports.



Compare means to look at 2 or more things.

You might look at what

- Is different
- Is the same
- Works best.

This will help us say if 1 support is best.



We want to compare with supports that have the same **goal**.

Goals are things you want to do.



Other supports we could compare hyperbaric oxygen therapy with are

- **Medicine**



- **Psychology**

Psychology helps people with how they

- Think
- Feel
- Act.



- **Neuropsychological** supports

These help people understand how their brain works.

They look at how someone

- Thinks
- Feels
- Learns
- Behaves.



- **Occupational therapy**

Occupational therapy helps people with everyday skills like

- Looking after their body
- Learning
- Social skills.



- **Speech pathology**

Speech pathology helps people

- Talk clearly
- Understand other people
- Eat and drink safely.



- Other activities that help with **wellbeing** like

- **Yoga**
- **Meditation.**



Wellbeing means that you are

- Happy
- Healthy.



Yoga is gentle moving and breathing.

You move your body in different positions.

The positions are called **poses**.

It might help you feel calm.



Meditation is sitting quietly and breathing.

You can focus on what you are thinking.

You do **not** need any special things to do it.

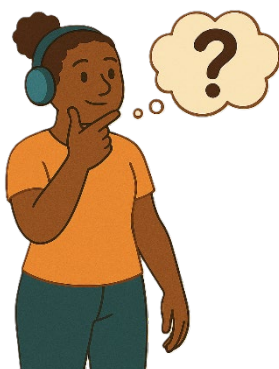


We think these supports will aim to help people with the same **outcomes**.

Outcomes are the things we see when our plans are working.



Have you tried different supports.



Question 4

Are these the best supports to compare to hyperbaric oxygen therapy.



Please tick only 1 box.

Yes



No

I want to change something.

Please write what you want to change in the box.

You can

- Add something
- Take something away.



Thank you for doing **part 1**.

Please do **part 2** next.



You can get part 2 on our website.

consultations.health.gov.au/evidence-advisory-committee-eac/december-2025/

It is in Easy Read.



You can take a break if you need it.

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