



Australian Government

Department of Health, Disability and Ageing

NDIS Evidence Advisory Committee Consultation

People who use art therapy

Part 2





Australian Government

**Department of Health,
Disability and Ageing**

The Australian Government Department of Health Disability and Ageing wrote this.

We say **DHDA** for short.

When you see the word **we** it means DHDA.



We wrote this in an easy to read way.

We use pictures to explain some ideas.

Bold

We have some words in **bold**.

Not bold

This means the letters are thicker and darker.

These are important words.



This is an Easy Read summary of an online **survey**.

Surveys have questions about your ideas.



We can answer any questions by email.

Email us disabilityevidence@health.gov.au



You can ask for help to read this document.

You can ask

- A friend
- Family members
- A support person.



We recognise Aboriginal and Torres Strait Islander people as the **Traditional Owners** of the land we live on.



They were the **first people** to live on and use the

- Land
- Waters.

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Who is this survey for



We made a **survey**.



This survey is **only** for people with disability who



- Use **art therapy**.

Art therapy is when people make art to help manage their feelings.

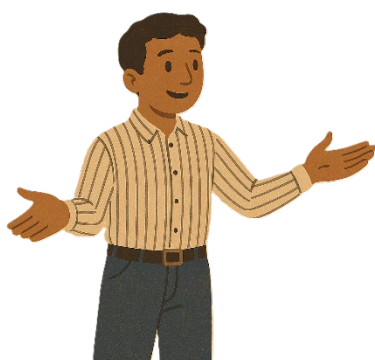
It is done with an Art Therapist.

When we say **the support** we mean art therapy.



We have other surveys for people who

- Used art therapy but do **not** use it any more



- Use something else



You can look at the other surveys on our website.

consultations.health.gov.au/evidence-advisory-committee-eac/december-2025/

It is in Easy Read.



We have **2 parts** to this survey.



You need to do **part 1** first.

This is **part 2**.



You need to send both parts back to us by email.

You need to send it back before

11.59 at night

Tuesday 20 January 2026.

What to do



You need to download both parts of the survey.

You can

- Write your answers



- Type your answers.



You need to send your answers back to us by email.

disabilityevidence@health.gov.au



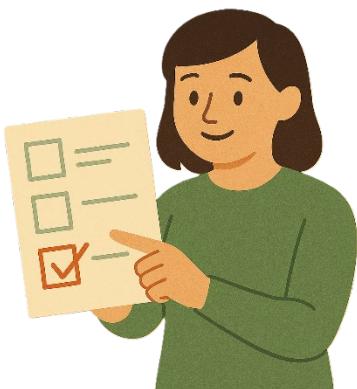
Each part will have some

- Information
- Questions.



There are **no** right or wrong answers.

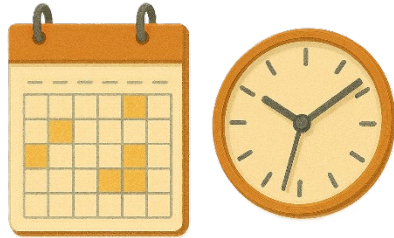
Do your best.



You can choose what questions to answer.

You do **not** have to answer them all.

Question 1



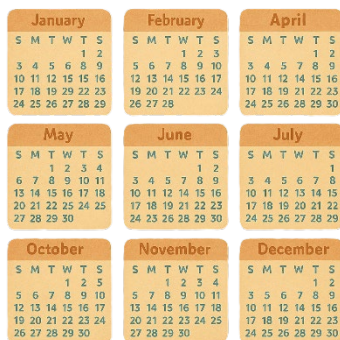
Question 1

How long have you been using the support.

Please tick 1 box.



- Less than 3 months



- 3 months to a year



- More than 1 year.

Question 2



Do you think you will keep using the support.

Why.



You could tell us about

- How well it works for you



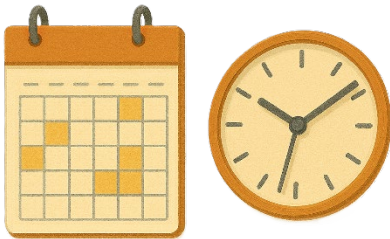
- Other supports you have tried



- How much it costs



- If you can get the support



- How long the support will last.



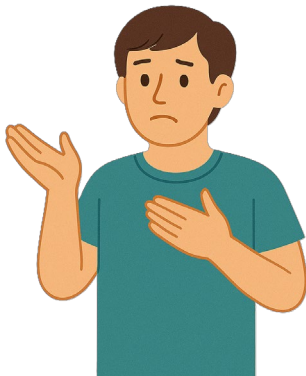
Please tick 1 box.



- I want to keep using this type of support



- I do **not** want to keep using this type of support



- I am not sure if I will keep using this type of support.



Please write why in the box.

Question 3



Have you had any

- Problems
- Safety issues

Using the support.



They could be things that lasted for a

- Short time



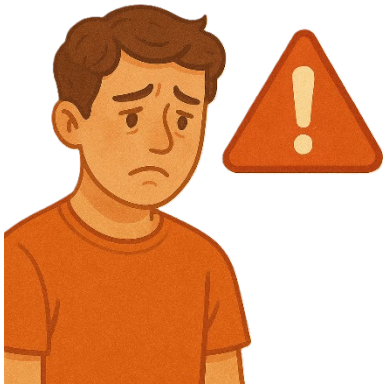
- Long time.



Please tick 1 box.

No

I have **not** had any problems or safety issues.



Yes

I have had problems or safety issues

Please write what they are in the box.



If this question has made you feel

- Upset
- Worried

We have a list of people you can talk to.



consultations.health.gov.au/evidence-advisory-committee-eac/december-2025/supporting_documents/help-and-support-easy-readpdf

It is in Easy Read.

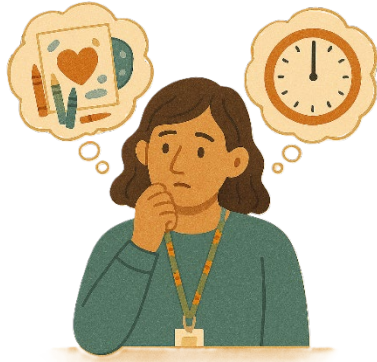


If you have

- Pain
- Problems that do **not** go away

You need to get medical advice.

Question 4



How often do you do art therapy.

Please tick 1 box.

- ✓ MONDAY
- ✓ TUESDAY
- ✓ WEDNESDAY
- ✓ THURSDAY
- ✓ FRIDAY
- ✓ SATURDAY
- ✓ SUNDAY



- Every day



- 1 time a week



- A different number of days.

Please write your answer in the box.



How much time do you spend doing art therapy

- Half an hour

1
HOUR



- 1 hour



2
hours



- 2 hours



- A different amount of time.

Please write your answer in the box.

Question 5



Who do you do art therapy with

- An art therapist who is registered



- An art therapist who is **not** registered



- An artist



- An art teacher



- An **allied health worker**

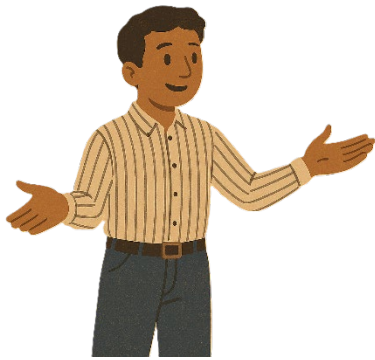
Allied health workers support people with their health.

They can be people like **occupational therapists**.

We call them **OT** for short.



- A paid carer or support worker



- I do **not** know



- Someone else.

Please write who in the box



Does anyone support you in art therapy.

Please tick all the people who support you.



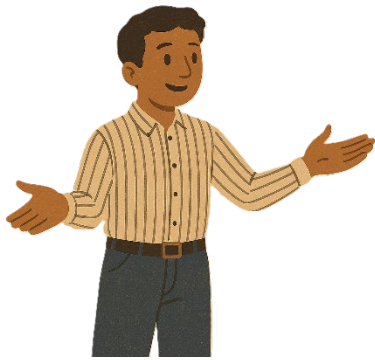
- An allied health worker



- A paid carer or support worker



- Family or friends



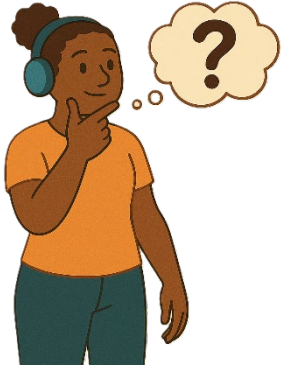
- I do **not** know



- Someone else.

Please write who in the box

Question 6



Are there times art therapy

- Works well
- Does **not** work well.



Please tell us about anything that makes it

- Easier
- Harder

To use art therapy.



This could be things like

- Being able to get art therapy



- Other supports that have the same goals



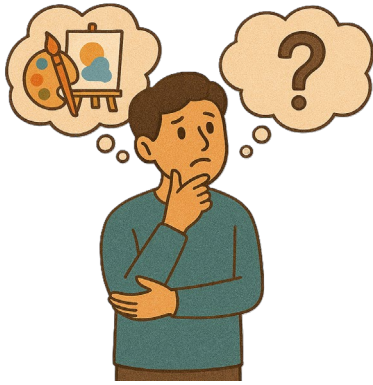
- Being able to have allied health workers support you



- If you need to choose a support because of how much it costs



- Where you do art therapy



- How art therapy fits in with other supports you use



- Your age



- Your **gender**

People say what gender they are.

They might be

- A man
- A woman
- A different gender
- No gender.



- Your **ethnicity**

Ethnicity is a group of people who shares

- Culture
- Language
- History.



- Who you live with



- Where you live

Like

- In the city
- A remote area.



You can share anything you think will help us understand how you use the support.

Please write your answer in the box.



Thank you for doing our survey.



If you printed out the survey you need to

1. Scan it into your computer



2. Send it to us by email.

disabilityevidence@health.gov.au



If you wrote your answers on the computer
you need to

1. Send it to us by email.



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