



Your NDIS Plan

Name: Ishaan Khan

NDIS Number: 123456789

Preferred contact method: Phone

My NDIS contact

Jack T

Brotherhood of St Laurence

Phone: 1800 800 110

Email: enquiries@ndis.gov.au

Your plan includes:

1. Your NDIS budget overview
2. Your NDIS budget
3. Your goals and information about you
4. Your funding periods

This is not a real participant. This is a preview of the draft plan template.

1. Your NDIS budget overview

NDIS plan dates

1 November 2025 – 31 October 2028

The length of this plan is 3 years.

Total funding amount: \$338,400.00

Flexible funding: \$330,000.00

Stated supports funding: \$8,400.00

Your flexible funding

Flexible funding without restrictions: \$90,000.00

You can use your flexible funding without restrictions to buy NDIS supports in these support categories:

- in-home and community supports
- low-cost assistive technology
- disability-related health supports – consumables
- employment supports
- interpreting and translation supports.

Flexible funding with restrictions: \$240,000.00

Some of your flexible funding is restricted and allocated to a specific NDIS support category. This funding can only be spent on NDIS supports in that support category.

Learn more about your flexible funding in the **Flexible funding** section of this letter under **Your NDIS budget**.

Your stated supports

Support category	Funds
Support coordination	\$6,400.00
Assistive technology assets	\$2,000.00

This is not a real participant. This is a preview of the draft plan template.

This funding can only be used for the specific supports or services as described in this table. You can't use your stated funding for different NDIS supports and services.

Learn more about your stated supports in the **Stated supports** section of this plan under **Your NDIS budget**.

Your adjustments

There are adjustments applied to your plan.

Learn more about the adjustments in the **Adjustments** section of this plan under **Your NDIS budget**.

DRAFT

2. Your NDIS budget

Your flexible funding

You have flexible funding with restrictions and flexible funding without restrictions.

Flexible without restrictions - \$90,000.00

You can use your flexible funding without restrictions to buy NDIS supports in the support categories described in this table.

Support category	Description
In-home and community supports	Supports that assist and/or build the capacity of participants to engage in daily tasks and engage safely in the home.
Low-cost assistive technology	Devices or products that support a participant to perform tasks as safely and independently as possible
Disability-related health supports - consumables	Single use, or limited re-use, items that are required to manage a participant's health conditions, where supports are required due to the functional impact of a participant's disability.
Employment supports	Supports that build a participant's capacity to successfully prepare for, find or keep employment in open employment (including self-employment and micro-enterprise) or supported employment
Interpreting and translation supports	Supports that assist a participant with independent communication in personal, social, cultural, civic or community activities where translation and interpretation is needed.

Flexible with restrictions - \$240,000.00

Some of your flexible funding is restricted and allocated to a specific support category. This funding can only be spent on NDIS supports in that support category, as described in this table.

Support category	Description	Funds
In-home and community supports	In home and community supports help and/or build the capacity of participants to engage in daily tasks and engage safely in the home or community.	\$240,000.00

This is not a real participant. This is a preview of the draft plan template.

You can't use any of your flexible funding to buy supports that are stated or supports the NDIS rules say need to be stated.

Requirements have been applied to some or all of your restricted flexible funding.

Requirements set out conditions that must be met to access the funding.

Flexible fund management

Self-managed

Flexible no restrictions: \$90,000.00

You can use your flexible funding without restrictions to buy NDIS supports in the support categories as described in the **Flexible without restrictions** table at the start of this section.

Funding will be allocated over 12 funding periods starting from 1 November 2025.

Your funding period schedule is at the end of this plan.

Restricted flexible - In home and community supports: \$240,000.00

You can only spend this funding on in home and community supports. This support is described in the **Flexible with restrictions** table at the start of this section.

This funding has been restricted because you have high in-home care needs. There would be a safety risk if you don't receive these supports.

Funding will be allocated over 12 funding periods starting from 1 November 2025.

Your funding period schedule is at the end of this plan.

You can top up this budget with funding from your flexible self-managed budget.

2. Your NDIS budget

Your stated supports

You have stated support funding. This funding can only be used for specific supports or services as described in this table. You can't use your stated funding for different NDIS supports and services.

You can't use any of your flexible funding to top up your stated supports.

Support category	Description	Funds
Support coordination	Supports that assist participants to connect with informal community and funded supports.	\$6,400.00
Assistive technology assets	Devices or products that support participants to perform tasks as safely and independently as possible. This includes rental or purchase of supports, which may require repair and maintenance.	\$2,000.00

Requirements have been applied to one or more of your stated supports.

Requirements set out conditions you need to meet before you can use some parts of your funding. This may include buying a specific type of NDIS support, providing quotes or using a certain provider. Any requirements will be listed next to the stated support below.

Stated supports

Support coordination: \$6,400.00

This is not a real participant. This is a preview of the draft plan template.

Support description

Support that helps participants to connect with informal community and funded supports.

This funding is Agency managed.

Funding will be allocated over 12 funding periods starting from 1 November 2025.

Learn more about funding periods in the **Funding periods** section of this letter under **Your NDIS funding explained**.

Requirements for this support:

Requirement type

Registered NDIS provider to be used – Support coordination

Requirement description

You need to choose an NDIS provider who is registered with the NDIS Quality and Safeguards Commission to deliver this type of support. This is to make sure the supports provided are safe and appropriate.

Assistive Technology Assets: \$2,000.00

Support description

Devices or products that support participants to perform tasks as safely and independently as possible. This includes rental or purchase of supports, which may require repair and maintenance.

This funding is self-managed.

This is not a real participant. This is a preview of the draft plan template.

There are no funding periods for this stated support. This means you can access the total amount from the start of the plan.

DRAFT

This is not a real participant. This is a preview of the draft plan template.

Total amount includes funding for:

AT ancillary.

DRAFT

This is not a real participant. This is a preview of the draft plan template.

3. Your goals and information about you

Your goals

Your goals are set by you and written in your own words. They help the people supporting you to know what you want to work towards and the things that are important to you. Your goals can be big or small, short term or long term, broad or specific. They can be about anything you want to work towards. You can change or update your goals at any time.

Your goal: To be able to move safely and independently at home and in the community

How will you work towards this goal?

I will use my four-wheel walker at home and twice a week when I go to the shops for groceries, instead of his wheelchair.

I will also look for other places to use my walker safely, with help from my support workers.

Information about you

You meet the age, residence and disability requirements in the NDIS Act 2013 to become a participant.

Your strengths

Ishaan is social and is very good at making friends. He also likes sport and likes to learn the rules and share his knowledge. One of his favourite sports is AFL. He's recently been teaching his housemate, Jeff, the rules.

This is not a real participant. This is a preview of the draft plan template.

Your living arrangements, relationships and supports

Isaan lives in a shared Supported Independent Living arrangement with two other NDIS participants.

Gita, Ishaan's sister, is his plan nominee. Ishaan sees Gita regularly and she helps Ishaan access medical and government services. She also takes him to visit other members of their family.

Ishaan has a close friendship with Jeff, one of the people he shares the house with. They have fun together and sometimes go out together.

Ishaan has good support workers who help him at home and to go on outdoor excursions. His favourite support workers are Missy and Frank.

Ishaan sees his GP on a regular basis. He sometimes has speech therapy and sees his occupational therapist.

Your daily life

Ishaan gets out of bed around 8:30 most mornings. He starts his day by having breakfast that is usually prepared by his support workers with his help.

Some mornings he'll go to the park in his manual wheelchair. On Tuesday, he helps do his grocery shopping with his support worker. He likes to help choose the menu.

Ishaan likes to watch TV, and he often watches it with Jeff.

Ishaan often goes to watch the football on weekends with his support worker. He likes AFL and likes to watch his team, the Sydney Swans.

Your informal, community and mainstream supports

Your current informal, community and mainstream supports

Description of support:

Who provides this support?

Gita Khan

How often do you receive this support?

Twice weekly

Support type

Gita is Ishaan's plan nominee. She helps him access medical and government services. She also takes him on outings to see his wider family that Ishaan only sees when Gita takes him. Gita often helps with transport. They have a strong relationship.

New informal, community and mainstream supports you want to find

You told us you don't need new informal, community or mainstream supports.

This is not a real participant. This is a preview of the draft plan template.

5. Your funding periods

Total flexible funding

Total flexible funding: \$330,00.00

Your total flexible funding includes flexible self-managed and restricted self-managed.

Flexible self-managed

Total: \$90,000.00

Funding period	Months	Funding amount released
01 November 2025 – 31 January 2026	3	\$7,500.00
01 February 2026 – 30 April 2026	3	\$7,500.00
01 May 2026 – 31 July 2026	3	\$7,500.00
01 August 2026 – 31 October 2026	3	\$7,500.00
01 November 2026 – 31 January 2027	3	\$7,500.00
01 February 2027 – 30 April 2027	3	\$7,500.00
01 May 2027 – 31 July 2027	3	\$7,500.00
01 August 2027 – 31 October 2027	3	\$7,500.00
01 November 2026 – 31 January 2028	3	\$7,500.00
01 February 2028 – 30 April 2028	3	\$7,500.00
01 May 2028 – 31 July 2028	3	\$7,500.00

This is not a real participant. This is a preview of the draft plan template.

Funding period	Months	Funding amount released
01 August 2028 – 31 October 2028	3	\$7,500.00

Any unspent funds will rollover to the next funding period.

Restricted self-managed – In home and community supports

Total: \$240,000.00

Funding period	Months	Funding amount released
01 November 2025 – 31 January 2026	3	\$20,000.00
01 February 2026 – 30 April 2026	3	\$20,000.00
01 May 2026 – 31 July 2026	3	\$20,000.00
01 August 2026 – 31 October 2026	3	\$20,000.00
01 November 2026 – 31 January 2027	3	\$20,000.00
01 February 2027 – 30 April 2027	3	\$20,000.00
01 May 2027 – 31 July 2027	3	\$20,000.00
01 August 2027 – 31 October 2027	3	\$20,000.00
01 November 2026 – 31 January 2028	3	\$20,000.00
01 February 2028 – 30 April 2028	3	\$20,000.00
01 May 2028 – 31 July 2028	3	\$20,000.00
01 August 2028 – 31 October 2028	3	\$20,000.00

Any unspent funds will rollover to the next funding period.

This is not a real participant. This is a preview of the draft plan template.

Stated supports

Support coordination

Total: \$6,400.00

Funding period	Months	Funding amount released
01 November 2025 – 31 January 2026	3	\$533.37
01 February 2026 – 30 April 2026	3	\$533.33
01 May 2026 – 31 July 2026	3	\$533.33
01 August 2026 – 31 October 2026	3	\$533.33
01 November 2026 – 31 January 2027	3	\$533.33
01 February 2027 – 30 April 2027	3	\$533.33
01 May 2027 – 31 July 2027	3	\$533.33
01 August 2027 – 31 October 2027	3	\$533.33
01 November 2026 – 31 January 2028	3	\$533.33
01 February 2028 – 30 April 2028	3	\$533.33
01 May 2028 – 31 July 2028	3	\$533.33
01 August 2028 – 31 October 2028	3	\$533.33

This is not a real participant. This is a preview of the draft plan template.

What to do if something changes

Has your situation changed?

If so, this may change your NDIS plan or supports. It is important that you contact us about any change in your circumstances.

A change could include:

- compensation you are applying for or have received
- significant changes to your disability support needs
- starting school
- changes to your home and living situation
- looking for work
- no longer wanting to be a part of the NDIS.

We're here to help:

Online

- NDIS website [ndis.gov.au](https://www.ndis.gov.au)
- Internet Relay Users accesshub.gov.au
- NDIS mailbox enquiries@ndis.gov.au
- Portal my.gov.au
- NDIS Service Hub myndisportal.ndis.gov.au/s/guest-service-hub

Phone

- NDIS National Contact Centre **1800 800 110**
- TTY Users **1800 555 677**
- Speak and Listen Users **1800 555 727**
- If you need help with English **131 450**

In Person

- You can find your closest **local area coordinator, early childhood partner** or **NDIS office** on our website. Go to [ndis.gov.au](https://www.ndis.gov.au), select **Contact**, then under **Offices and contacts in your area** you can **search your area**.

This is not a real participant. This is a preview of the draft plan template.

How to request a review of this decision

If you are not satisfied with the decisions in your plan, you may apply to the Administrative Review Tribunal (ART) for an external review. As explained in your internal review outcome letter, you have 28 days from receiving that letter to apply for an external review. To learn more about applying for an external review, visit the ART website (art.gov.au). Click on 'ART forms' and select 'NDIS review forms'. You can also call the ART on 1800 228 333. You can find information about requesting an external review on the NDIS website www.ndis.gov.au. Hover over 'About', select 'Operational Guidelines', select 'Reviewing our decisions'. You can also ask your my NDIS Contact about applying for an external review.

This is not a real participant. This is a preview of the draft plan template.

Information about using your NDIS plan

Using your plan

You can start using your plan straight away. To find out more, visit the [New way of planning](https://www.ndis.gov.au/new-way-of-planning)- page on the NDIS website (www.ndis.gov.au/new-way-of-planning).

NDIS supports

NDIS supports are the services, items and equipment that can be funded by the NDIS. NDIS laws say what we can and can't fund and what you can and cannot spend your NDIS funding on. You need to use your funding in line with your approved plan and on supports that can be funded by the NDIS.

To find out more about the NDIS supports we fund, visit the NDIS website ([ndis.gov.au](https://www.ndis.gov.au)). To get more information about the list of NDIS supports, visit the NDIS website ([ndis.gov.au](https://www.ndis.gov.au)). Search for **supports** and select **Supports funded by the NDIS**. Then select, **View NDIS supports lists**.

Working with providers

You choose the providers you want to work with. It's important to find the right providers to meet your disability needs and help you pursue your goals. To find out more, visit the NDIS website ([ndis.gov.au](https://www.ndis.gov.au)). Search for Providers and select Working with providers.

Paying for supports

The amount of funding you can claim depends on how you manage the funding in your plan. You need to make sure you don't spend more than the amount you have available in each funding period. This will help your funding last for the whole length of your plan. You also need to make sure claim details are correct. To find out more, visit the NDIS website ([ndis.gov.au](https://www.ndis.gov.au)). Search paying for your supports.

Protect your plan

To learn more about fraud and protecting your plan, visit the NDIS website ([ndis.gov.au](https://www.ndis.gov.au)). Search protecting your plan.

NDIS glossary

You can find common NDIS words and what they mean in the NDIS glossary. Visit the NDIS website ([ndis.gov.au](https://www.ndis.gov.au)), search for and select Glossary.